

March 5, 2010



Dear Ultimate Parents and Ultimate Players,

Your son or daughter has expressed interest in playing ULTIMATE! This requires an all day commitment to play in a tournament on Saturday, March 27<sup>th</sup> from 9am - 2pm. We will be practicing for the next few weeks and your player is welcome to stay for the community scrimmage on Friday afternoons after practice (5:15-6:00pm). Let us know if you will join us for the Friday Scrimmage!

*Ultimate is a high-energy, non-contact team sport where everyone is the quarterback and everyone is the receiver. The objective of the game is to pass the disc from player to player on a football-sized field. If the disc is caught in the end zone, a goal is scored. Players may not run with the disc, foul, or double-team the thrower.*

*Participation in the sport of Ultimate builds character among athletes. Even at the highest level of play, no referees are on the playing field. New players coming into the sport soon come to understand that they have an obligation to understand the rules in order to perform their role as a self-officiating participant. Since each player makes his/her own "calls", new players quickly understand the futility of abusing the rules.*

*Because of the "Spirit of the Game" and self-officiating, Ultimate is a unique team sport. This distinction helps make Ultimate a favorite sport for promoting individual character and team cooperation.*

Family members are invited to attend and observe. However, please respect the game, the field and the team dialogue while your children are playing. Bring a lawn chair; no bleacher space is available. SATURDAY, March 27<sup>th</sup> is ULTIMATE TOURNAMENT DAY. We will play FIVE HOURS of Ultimate Saturday, beginning at 9:00 am.

**<http://www.UltimateSpirit.org>**