

# **ULTIMATE DAY in COLUMBUS**

**SATURDAY, November 12<sup>th</sup>, 2011 9am-4pm**

**Location: LAKE TRAVIS HIGH SCHOOL; LAKE TRAVIS, TX**

<b>9:00 am</b>	<b>Players will gather, Teams present rosters and waivers.</b>
<b>9:30 am</b>	<b>Warm-up Activities</b>
<b>10:45 am</b>	<b>Game # 1</b>
<b>11:45 am</b>	<b>Game #2</b>
<b>12: 45 pm</b>	<b>Game #3</b>
<b>2:00 pm</b>	<b>AWARDS and Closure</b>
<b>3:00 pm</b>	<b>Championship Game</b>

- ✓ All eligible players must **download the registration form** from the website and have it completed with a **parent or guardian signature** prior to participation in this Ultimate Event. Cost per player is **\$9.00**.
- ✓ Teams will develop rosters of **nine** players. (Captains, please download and complete a team roster)
  - All players should bring a white shirt, and wear your school colors as a dark shirt.
  - It is recommended that players wear soccer cleats.
  - It will be a long day of physical activity; a change of clothing is recommended, especially extra socks. Also, bring a water bottle and a snack.
  - Arrange parent-sponsored transportation to avoid driving while tired. Ultimate is...Ultimate!
- ✓ Games will be played to **nine** points (half at 5 points).
- ✓ Parents (especially those who are carpooling) are invited to observe. Ultimate is exciting to watch. To be comfortable, please bring a chair, an umbrella for shade, snacks for the day, and perhaps reading material.

**Ultimate! *Play the Game...Live the Spirit.***

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*Please contact [ultimatespirit.org@gmail.com](mailto:ultimatespirit.org@gmail.com) with questions regarding this Ultimate event.*

<http://www.UltimateSpirit.org>