

PROPOSED HIGH SCHOOL LEAGUE GUIDELINES

We plan to host an annual (January-March) Ultimate League for High School teams or individual players.

- Dallas/Ft Worth area
- Houston area
- Austin area

Male and female players must be between 13 and 18 years of age and enrolled in a Public, Private or Charter School. Teams will also be received from home-school groups seeking physical activity.

Winter League will be played at various school or city fields. Every attempt will be made to equate travel for teams that are developing throughout the great state of Texas. We will plan a six-week league schedule with a tournament to determine city rankings.

The goal of this organization is to host student-driven leagues simultaneously throughout the state, in preparation for STATEWIDE competition. We are committed to hosting a STATE Tournament for High School clubs and teams on an annual basis in mid-April.

Winter League dates should be defined during the eight weeks between January 15 and March 15. League games will be scheduled on **Sunday** afternoons during the spring semester. The culminating tournament will be held **all day Saturday** the weekend BEFORE spring break, considering the various school schedules throughout TEXAS.

Young men and women will play together on gender-mixed teams. During competition, every attempt should be made to match lines based on gender; offense dictates that match. All players will be guaranteed equal playing time throughout the season regardless of skill, experience, or gender.

Specific league goals for each player includes:

- to develop physical skills necessary for the sport.
- to improve personal physical fitness.
- to experience competitive team play.

- to practice the social skills of self-regulation and conflict resolution.

We are hoping that schools will choose regular practice day(s) and time(s) throughout the season, in addition to regular league play. It is anticipated that players will play *Ultimate* two or three days a week through out the spring semester in schools all across the LONE STAR STATE.

Players may register for the entire six weeks (at a reduced cost) or pay and play weekly. Players may register per week (\$10 per session). The cost to register for the entire league will be \$30.

The player fee covers the basic costs of running our organization. All league personnel are volunteers; and, their only payment is respect & thanks.

Each player must register for league play as an individual; however, we will accept a **team application** and a team roster of **at least 12 players**. Every effort will be made to allow competition between as school rosters.

We will provide an ultimate disc for each league participant. Also, we will host an end-of-season tournament; an all day event, which includes food and drink.

Each player can find a league registration form on our organization website <http://www.UltimateSpirit.org>. Team Applications are also available on that site.

Checks may be made payable to *Texas, Ultimate!* Please mail correspondence to:

TEXAS, ULTIMATE!
PO Box 3567
Austin, TX 78764-3567.